

Start Fitness North East Harrier League
Alnwick, 2nd March 2013.

Under 13 Boys

	Time	Name	Club	Category	Race No.	Handicap	Actual Time
1	0:14:07	VINCENT, Cameron	Sunderland H	Slow Pack (Boys)	458		00:14:07
2	0:14:18	FIDDAMAN, Josh	Blyth RC	Slow Pack (Boys)	454		00:14:18
3	0:14:25	MORRIS, James	Gateshead H	Slow Pack (Boys)	388		00:14:25
4	0:14:28	DICK, Cameron	Morpeth H	Slow Pack (Boys)	459		00:14:28
5	0:14:38	HEDLEY, Kieran	Morpeth H	Fast Pack (Boys)	167	00:01:40	00:12:58
6	0:14:44	MCLEAN, Edward	Tynedale H	Slow Pack (Boys)	457		00:14:44
7	0:14:52	SHEWRY, Adam	Morpeth H	Slow Pack (Boys)	59		00:14:52
8	0:14:54	WAKEFIELD, Matthew	South Shields	Fast Pack (Boys)	193	00:01:40	00:13:14
9	0:15:12	PHILLIPS, Matthew	Gateshead H	Slow Pack (Boys)	344		00:15:12
10	0:15:13	JACKSON, Christopher	Tynedale H	Fast Pack (Boys)	233	00:01:40	00:13:33
11	0:15:22	LALLY, Patrick	Tynedale H	Slow Pack (Boys)	227		00:15:22
12	0:15:26	MARSHALL, Connor	Blyth RC	Slow Pack (Boys)	95		00:15:26
13	0:15:28	GILL, Louis	Birtley AC	Slow Pack (Boys)	461		00:15:28
14	0:15:32	STRIPP, Louis	Morpeth H	Slow Pack (Boys)	369		00:15:32
15	0:15:33	MORLEY, Gabriel	Tynedale H	Slow Pack (Boys)	448		00:15:33
16	0:15:37	PARKIN, Robbie	Blaydon Harriers	Slow Pack (Boys)	77		00:15:37
17	0:15:38	JACKSON, Owen	Sunderland H	Slow Pack (Boys)	425		00:15:38
18	0:15:38	WADE, Michael	Durham City	Fast Pack (Boys)	138	00:01:40	00:13:58
19	0:15:41	HALPIN, Joe	Chester-le-Street	Slow Pack (Boys)	434		00:15:41
20	0:15:45	KELLY, Ben	Alnwick Harriers	Fast Pack (Boys)	402	00:01:40	00:14:05
21	0:15:46	ARTHUR, Ryan	Chester-le-Street	Fast Pack (Boys)	277	00:01:40	00:14:06
22	0:15:47	REED, Freddie	Gosforth H	Slow Pack (Boys)	246		00:15:47
23	0:15:49	PINKNEY, Kieran	Chester-le-Street	Fast Pack (Boys)	280	00:01:40	00:14:09
24	0:15:58	WHELLANS, Alexander	Chester-le-Street	Fast Pack (Boys)	281	00:01:40	00:14:18
25	0:16:00	KERR, Will	Tynebridge Harriers	Slow Pack (Boys)	460		00:16:00
26	0:16:01	ALLAN, Cameron	Durham City	Fast Pack (Boys)	120	00:01:40	00:14:21
27	0:16:04	CUNNINGHAM, Alex	Morpeth H	Fast Pack (Boys)	176	00:01:40	00:14:24
28	0:16:05	MACPHERSON, Leodhais	Tynebridge Harriers	Fast Pack (Boys)	99	00:01:40	00:14:25
29	0:16:05	SWALWELL, Adam	Blyth RC	Slow Pack (Boys)	97		00:16:05
30	0:16:06	HADDON, Aleck	Gateshead H	Fast Pack (Boys)	340	00:01:40	00:14:26
31	0:16:08	TAYLOR, Kieran	Birtley AC	Slow Pack (Boys)	272		00:16:08
32	0:16:12	BYRON, Fabian	Tynedale H	Slow Pack (Boys)	225		00:16:12
33	0:16:14	WILDISH, Ian	Blaydon Harriers	Fast Pack (Boys)	300	00:01:40	00:14:34
34	0:16:16	HILL, Jake	North Shields Poly	Slow Pack (Boys)	440		00:16:16
35	0:16:31	MURTON, Alfie	Alnwick Harriers	Fast Pack (Boys)	403	00:01:40	00:14:51
36	0:16:37	PEARSON, Kieron	Chester-le-Street	Fast Pack (Boys)	428	00:01:40	00:14:57
37	0:16:56	KIRBY, Philip	Morpeth H	Fast Pack (Boys)	173	00:01:40	00:15:16
38	0:17:03	EGGLESTON, Matthew	Elswick H	Fast Pack (Boys)	314	00:01:40	00:15:23
39	0:17:06	BURTON, Josh	Morpeth H	Fast Pack (Boys)	163	00:01:40	00:15:26
40	0:17:13	MILBURN, Chris	Durham City	Slow Pack (Boys)	462		00:17:13
41	0:17:24	MCMILLAN, Charles	Gateshead H	Slow Pack (Boys)	385		00:17:24
42	0:17:26	MYERS, Sam	Tynedale H	Fast Pack (Boys)	228	00:01:40	00:15:46
43	0:17:35	DAVISON, Harry	Alnwick Harriers	Slow Pack (Boys)	407		00:17:35
44	0:17:44	ELDER, Robbie	Morpeth H	Slow Pack (Boys)	165		00:17:44
45	0:17:46	DUNLOP, Robert	Sunderland H	Slow Pack (Boys)	429		00:17:46
46	0:17:51	WILKINSON, Isaac	North Shields Poly	Slow Pack (Boys)	190		00:17:51
47	0:18:02	PICKERING, Luke	Durham City	Fast Pack (Boys)	134	00:01:40	00:16:22
48	0:18:22	GREEN, Thomas	Heaton Harriers	Slow Pack (Boys)	150		00:18:22
49	0:18:41	HORNER, Sam	Houghton AC	Slow Pack (Boys)	252		00:18:41
50	0:20:00	GREEN, Joseph	Tynedale H	Slow Pack (Boys)	436		00:20:00

Promotions from slow pack to fast pack

Race Pos.	Name	Club	Old Pack
1	VINCENT, Cameron	Sunderland H	Slow Pack (Boys)
2	FIDDAMAN, Josh	Blyth RC	Slow Pack (Boys)
3	MORRIS, James	Gateshead H	Slow Pack (Boys)
4	DICK, Cameron	Morpeth H	Slow Pack (Boys)
6	MCLEAN, Edward	Tynedale H	Slow Pack (Boys)
7	SHEWRY, Adam	Morpeth H	Slow Pack (Boys)
9	PHILLIPS, Matthew	Gateshead H	Slow Pack (Boys)

Teams Overall

Race Pts	Club	Counters	
1	16	Morpeth H	{4,5,7}
2	27	Tynedale H	{6,10,11}
3	42	Gateshead H	{3,9,30}
4	43	Blyth RC	{2,12,29}
5	63	Chester-le-Street	{19,21,23}
6	63	Sunderland H	{1,17,45}
7	84	Durham City	{18,26,40}
8	98	Alnwick Harriers	{20,35,43}

14	No team	South Shields	{8}
14	No team	Gosforth H	{22}
14	No team	Elswick H	{38}
14	No team	Birtley AC	{13,31}
14	No team	Heaton Harriers	{48}
14	No team	Blaydon Harriers	{16,33}
14	No team	Houghton AC	{49}
14	No team	Tynebridge Harriers	{25,28}
14	No team	North Shields Poly	{34,46}

Fastest times

1	00:12:58	HEDLEY, Kieran	Morpeth H
2	00:13:14	WAKEFIELD, Matthew	South Shields
3	00:13:33	JACKSON, Christopher	Tynedale H
4	00:13:58	WADE, Michael	Durham City
5	00:14:05	KELLY, Ben	Alnwick Harriers
6	00:14:06	ARTHUR, Ryan	Chester-le-Street
7	00:14:07	VINCENT, Cameron	Sunderland H
8	00:14:09	PINKNEY, Kieran	Chester-le-Street
9	00:14:18	FIDDAMAN, Josh	Blyth RC
10	00:14:18	WHELLANS, Alexander	Chester-le-Street
11	00:14:21	ALLAN, Cameron	Durham City
12	00:14:24	CUNNINGHAM, Alex	Morpeth H

Under 15 Boys

	Time	Name	Club	Category	Race No.	Handicap	Actual Time
1	0:13:38	RUSSELL, Jed	Gosforth H	Slow Pack (Boys)	247		00:13:38
2	0:13:40	LONSDALE, Markhim	Gateshead H	Fast Pack (Boys)	334	00:01:40	00:12:00
3	0:14:07	BROWN, Alex	Houghton AC	Fast Pack (Boys)	251	00:01:40	00:12:27
4	0:14:11	SHAFIQ, Adam	Alnwick Harriers	Slow Pack (Boys)	409		00:14:11
5	0:14:23	WEIGHTMAN, Adam	Alnwick Harriers	Fast Pack (Boys)	292	00:01:40	00:12:43
6	0:14:25	HILL, Adam	Wallsend Harriers	Fast Pack (Boys)	112	00:01:40	00:12:45
7	0:14:31	JONES, Euan	Morpeth H	Slow Pack (Boys)	172		00:14:31
8	0:14:36	GREEN, Ryan	Morpeth H	Fast Pack (Boys)	154	00:01:40	00:12:56
9	0:14:42	CASSIDY, Ewan	Elswick H	Fast Pack (Boys)	303	00:01:40	00:13:02
10	0:14:52	OUTTERSIDE, Callum	Blaydon Harriers	Fast Pack (Boys)	298	00:01:40	00:13:12
11	0:14:53	ANDERSON, Jonathan	Tynedale H	Fast Pack (Boys)	224	00:01:40	00:13:13
12	0:14:55	DONNELLY, Jack	Blaydon Harriers	Fast Pack (Boys)	75	00:01:40	00:13:15
13	0:15:02	BROWN, Jack	Jarrow & Hebburn	Slow Pack (Boys)	455		00:15:02
14	0:15:12	HOPKINS, Jacob	Morpeth H	Fast Pack (Boys)	169	00:01:40	00:13:32
15	0:15:13	MOUNT, Thomas	Gateshead H	Fast Pack (Boys)	335	00:01:40	00:13:33
16	0:15:24	LEWIS, Jarod	Morpeth H	Fast Pack (Boys)	157	00:01:40	00:13:44
17	0:15:30	YOUNG, James	Blyth RC	Fast Pack (Boys)	93	00:01:40	00:13:50
18	0:15:42	GREEN, James	Heaton Harriers	Slow Pack (Boys)	382		00:15:42
19	0:15:46	WILLIAMS, Samuel	Morpeth H	Fast Pack (Boys)	175	00:01:40	00:14:06
20	0:15:53	MACKAY, Alex	Gosforth H	Slow Pack (Boys)	238		00:15:53
21	0:15:55	SMITH, Jack	Sunderland H	Fast Pack (Boys)	208	00:01:40	00:14:15
22	0:15:56	PEARSON, Kieton	Sunderland H	Slow Pack (Boys)	217		00:15:56
23	0:15:59	NIMMO, William	Durham City	Slow Pack (Boys)	435		00:15:59
24	0:16:03	MORLEY, Dominic	Tynedale H	Fast Pack (Boys)	221	00:01:40	00:14:23
25	0:16:16	MALLEN, Daniel	Alnwick Harriers	Fast Pack (Boys)	411	00:01:40	00:14:36
26	0:16:23	SKIRROW, Peter	Alnwick Harriers	Fast Pack (Boys)	410	00:01:40	00:14:43
27	0:16:43	QUINN, Samuel	Sunderland H	Slow Pack (Boys)	205		00:16:43
28	0:19:02	PICKETT, Ben	Tynedale H	Slow Pack (Boys)	229		00:19:02

Promotions from slow pack to fast pack

Race Pos.	Name	Club	Old Pack
1	RUSSELL, Jed	Gosforth H	Slow Pack (Boys)
4	SHAFIQ, Adam	Alnwick Harriers	Slow Pack (Boys)
7	JONES, Euan	Morpeth H	Slow Pack (Boys)

Teams Overall

Race Pts	Club	Counters	
1	29	Morpeth H	{7,8,14}
2	34	Alnwick Harriers	{4,5,25}
3	63	Tynedale H	{11,24,28}
4	70	Sunderland H	{21,22,27}
10	No team	Houghton AC	{3}
10	No team	Wallsend Harriers	{6}
10	No team	Elswick H	{9}
10	No team	Jarrow & Hebburn	{13}
10	No team	Blyth RC	{17}
10	No team	Gateshead H	{2,15}
10	No team	Heaton Harriers	{18}
10	No team	Gosforth H	{1,20}
10	No team	Blaydon Harriers	{10,12}

10 No team Durham City {23}

Fastest times

1	00:12:00	LONSDALE, Markhim	Gateshead H
2	00:12:27	BROWN, Alex	Houghton AC
3	00:12:43	WEIGHTMAN, Adam	Alnwick Harriers
4	00:12:45	HILL, Adam	Wallsend Harriers
5	00:12:56	GREEN, Ryan	Morpeth H
6	00:13:02	CASSIDY, Ewan	Elswick H
7	00:13:12	OUTTERSIDE, Callum	Blaydon Harriers
8	00:13:13	ANDERSON, Jonathan	Tynedale H
9	00:13:15	DONNELLY, Jack	Blaydon Harriers
10	00:13:32	HOPKINS, Jacob	Morpeth H
11	00:13:33	MOUNT, Thomas	Gateshead H
12	00:13:38	RUSSELL, Jed	Gosforth H

Under 17 Men

	Time	Name	Club	Category	Race No.	Handicap	Actual Time
1	0:26:41	MALLEN, Joseph	Alnwick Harriers	Slow Pack (Boys)	416		00:26:41
2	0:27:23	ADAMSON, Ciaran	Tynedale H	Slow Pack (Boys)	367		00:27:23
3	0:27:51	CARTWRIGHT, Daniel	Gosforth H	Slow Pack (Boys)	358		00:27:51
4	0:28:20	DUNN, Isaac	Blackhill Bounders	Fast Pack (Boys)	63	00:02:40	00:25:40
5	0:28:24	WOODS, Joseph	Blyth RC	Slow Pack (Boys)	90		00:28:24
6	0:28:33	MCGRATH, Liam	Houghton AC	Slow Pack (Boys)	41		00:28:33
7	0:28:42	WALKER, Joe	Elswick H	Slow Pack (Boys)	61		00:28:42
8	0:28:51	WINKLER, Philip	Morpeth H	Fast Pack (Boys)	287	00:02:40	00:26:11
9	0:28:56	CAMPBELL, John	Jarrow & Hebburn	Slow Pack (Boys)	57		00:28:56
10	0:28:57	BELL, Jordan	Blackhill Bounders	Fast Pack (Boys)	62	00:02:40	00:26:17
11	0:29:00	SHEFFER, Chris	Blyth RC	Slow Pack (Boys)	89		00:29:00
12	0:29:24	WALKER, Adam	Elvet Striders	Fast Pack (Boys)	32	00:02:40	00:26:44
13	0:29:25	KELLY, Elliot	Morpeth H	Fast Pack (Boys)	285	00:02:40	00:26:45
14	0:29:46	ROUTLEDGE, Toby	Tynedale H	Fast Pack (Boys)	45	00:02:40	00:27:06
15	0:30:10	LENG, Daniel	Alnwick Harriers	Slow Pack (Boys)	412		00:30:10
16	0:30:12	ORANGE, Joe	Blyth RC	Slow Pack (Boys)	364		00:30:12
17	0:30:22	HESLOP, Jordan	Elswick H	Slow Pack (Boys)	58		00:30:22
18	0:30:27	BUTCHER, Ross	North Shields Poly	Fast Pack (Boys)	381	00:02:40	00:27:47
19	0:30:41	SANDERSON, George	Tynedale H	Fast Pack (Boys)	46	00:02:40	00:28:01
20	0:30:43	EWART, Adam	Gosforth H	Fast Pack (Boys)	36	00:02:40	00:28:03
21	0:30:47	SAVAGE, Robert	Blackhill Bounders	Slow Pack (Boys)	64		00:30:47
22	0:30:58	ELDER, Joe	Morpeth H	Slow Pack (Boys)	284		00:30:58
23	0:31:11	DUNGWORTH, Joseph	Blyth RC	Slow Pack (Boys)	85		00:31:11
24	0:31:29	THOMAS, Mark	Gosforth H	Slow Pack (Boys)	37		00:31:29
25	0:31:29	SKIRROW, George	Alnwick Harriers	Slow Pack (Boys)	414		00:31:29
26	0:31:34	EVANS, Jonathan	South Shields	Fast Pack (Boys)	18	00:02:40	00:28:54
27	0:31:38	ROBSON, William	North Shields Poly	Slow Pack (Boys)	291		00:31:38
28	0:31:58	NICHOLSON, Mark	Blyth RC	Slow Pack (Boys)	87		00:31:58
29	0:32:50	GRAHAM, Matthew	Houghton AC	Slow Pack (Boys)	40		00:32:50
30	0:34:25	KING, Matthew	Durham City	Slow Pack (Boys)	1		00:34:25

Promotions from slow pack to fast pack

Race Pos.	Name	Club	Old Pack
1	MALLEN, Joseph	Alnwick Harriers	Slow Pack (Boys)
2	ADAMSON, Ciaran	Tynedale H	Slow Pack (Boys)
3	CARTWRIGHT, Daniel	Gosforth H	Slow Pack (Boys)
5	WOODS, Joseph	Blyth RC	Slow Pack (Boys)
6	MCGRATH, Liam	Houghton AC	Slow Pack (Boys)
7	WALKER, Joe	Elswick H	Slow Pack (Boys)
9	CAMPBELL, John	Jarrow & Hebburn	Slow Pack (Boys)

Teams Overall

	Race Pts	Club	Counters
1	32	Blyth RC	{5,11,16}
2	35	Tynedale H	{2,14,19}
3	35	Blackhill Bounders	{4,10,21}
4	41	Alnwick Harriers	{1,15,25}
5	43	Morpeth H	{8,13,22}
6	47	Gosforth H	{3,20,24}
12	No team	Jarrow & Hebburn	{9}
12	No team	Elvet Striders	{12}
12	No team	Elswick H	{7,17}
12	No team	South Shields	{26}
12	No team	Durham City	{30}
12	No team	Houghton AC	{6,29}
12	No team	North Shields Poly	{18,27}

Fastest times

1	00:25:40	DUNN, Isaac	Blackhill Bounders
2	00:26:11	WINKLER, Phillip	Morpeth H
3	00:26:17	BELL, Jordan	Blackhill Bounders
4	00:26:41	MALLEN, Joseph	Alnwick Harriers
5	00:26:44	WALKER, Adam	Elvet Striders
6	00:26:45	KELLY, Elliot	Morpeth H
7	00:27:06	ROUTLEDGE, Toby	Tynedale H
8	00:27:23	ADAMSON, Ciaran	Tynedale H
9	00:27:47	BUTCHER, Ross	North Shields Poly
10	00:27:51	CARTWRIGHT, Daniel	Gosforth H
11	00:28:01	SANDERSON, George	Tynedale H
12	00:28:03	EWART, Adam	Gosforth H
12	00:28:24	WOODS, Joseph	Blyth RC

Senior & Veteran Men

	Time	Name	Club	Category	Race No.	Handicap	Actual Time
1	0:38:24	GHEBRESILASIE, Weynay	(1) Sunderland Harriers	Fast (Men)	1866	00:05:00	00:33:24
2	0:39:11	CALDWELL, Phillip	(1) Morpeth Harriers & AC	Slow (Men)	283		00:39:11
3	0:39:21	GRAHAM, Andy	(1) Wallsend Harriers	Slow (Men)	1390		00:39:21
4	0:39:47	JENKIN, Dan	(1) Durham City Harriers	Fast (Men)	32	00:05:00	00:34:47
5	0:39:52	MCLEOD, Mark	(2) Elswick Harriers	Medium (Men)	900	00:02:30	00:37:22
6	0:40:14	HOOD, Mark	(1) Sunderland Harriers	Fast (Men)	455	00:05:00	00:35:14
7	0:40:18	REED, Nathan	(1) Sunderland Harriers	Fast (Men)	466	00:02:30	00:37:48
8	0:40:26	TAYLOR, Graeme	(1) Morpeth Harriers & AC	Fast (Men)	280	00:05:00	00:35:26
9	0:40:50	BROWN, Shaun	(2) Tynebridge Harriers	Slow (Men)	1182		00:40:50
10	0:40:58	ELLIOTT, Marc	(1) Gateshead Harriers	Fast (Men)	1535	00:05:00	00:35:58
11	0:41:04	REDMAN (V), Paul	(1) Sunderland Harriers	Slow (Vets)	465		00:41:04
12	0:41:10	FLOYD, Ross	(1) Morpeth Harriers & AC	Fast (Men)	239	00:05:00	00:36:10
13	0:41:13	GREEN, Andy	(2) Tynedale Harriers	Medium (Vets)	726	00:02:30	00:38:43
14	0:41:15	OLIVER, Mark	(1) Low Fell RC	Slow (Men)	214		00:41:15
15	0:41:16	MCGILLIVARY, Magnus	(1) Heaton Harriers	Slow (Men)	82		00:41:16
16	0:41:17	BARKER, Michael	(1) Sunderland Harriers	Medium (Men)	432	00:02:30	00:38:47
17	0:41:18	FLANNERY, Keiran	(1) Gateshead Harriers	Medium (Men)	1538	00:02:30	00:38:48
18	0:41:27	FENWICK, Marc	(2) Tynebridge Harriers	Fast (Men)	1187	00:05:00	00:36:27
19	0:41:32	BAINBRIDGE, Paul	(1) South Shields Harriers & AC	Slow (Men)	373		00:41:32
20	0:41:36	REED, Jack	(2) Gosforth Harriers & AC	Medium (Men)	1628	00:02:30	00:39:06
21	0:41:39	BURN, Andy	(3) Jarrow & Hebburn AC	Fast (Men)	1345	00:05:00	00:36:39
22	0:41:41	MACDONALD, Alistair	(1) Morpeth Harriers & AC	Slow (Men)	252		00:41:41
23	0:41:45	FRANKS, Conrad	(1) Gateshead Harriers	Fast (Men)	1539	00:05:00	00:36:45
24	0:41:48	WAKEFIELD, David	(1) South Shields Harriers & AC	Medium (Vets)	407	00:02:30	00:39:18
25	0:41:56	STIRLAND, Jason	(1) North Shields Poly	Slow (Men)	355		00:41:56
26	0:42:01	REEVES, Tom	(2) Elvet Striders	Slow (Men)	672		00:42:01
27	0:42:03	CARTER, Tony	(2) Tynebridge Harriers	Fast (Men)	1183	00:05:00	00:37:03
28	0:42:03	LOWE, David	(2) Alnwick Harriers	Slow (Vets)	1123		00:42:03
29	0:42:04	ELLIS, Scott	(1) North Shields Poly	Fast (Men)	310	00:02:30	00:39:34
30	0:42:08	STEPHENS, John	(1) Low Fell RC	Slow (Vets)	198		00:42:08
31	0:42:13	BLACKETT, Joe	(3) North East Vets	Slow (Men)	1754		00:42:13
32	0:42:15	DIXON, Ian	(1) Sunderland Harriers	Medium (Men)	1789	00:02:30	00:39:45
33	0:42:16	EDGE, Phil	(1) Gateshead Harriers	Medium (Men)	1534	00:02:30	00:39:46
34	0:42:18	HANCOX, Sam	(1) Morpeth Harriers & AC	Medium (Men)	284	00:02:30	00:39:48
35	0:42:19	BATES, Fergus	(1) Morpeth Harriers & AC	Medium (Vets)	220	00:02:30	00:39:49
36	0:42:20	COATES, Tom	(2) Gosforth Harriers & AC	Slow (Men)	1608		00:42:20
37	0:42:28	COATES, Harry	(1) Wallsend Harriers	Fast (Men)	1381	00:05:00	00:37:28
38	0:42:29	AULD, Chris	(2) Crook AC	Slow (Vets)	542		00:42:29
39	0:42:32	CHESSER, Dara	(1) Gateshead Harriers	Fast (Men)	1522	00:05:00	00:37:32
40	0:42:36	JONES (V), Mike	(1) South Shields Harriers & AC	Slow (Vets)	390		00:42:36
41	0:42:38	THOMSEN, Mick	(1) Morpeth Harriers & AC	Medium (Men)	268	00:02:30	00:40:08
42	0:42:45	PORTEOUS, James	(1) Gateshead Harriers	Slow (Men)	1583		00:42:45
43	0:42:46	PRYDE, Simon	(2) Tynebridge Harriers	Slow (Vets)	1271		00:42:46
44	0:42:50	HORSLEY, Will	(2) Elvet Striders	Medium (Men)	656	00:02:30	00:40:20
45	0:42:52	CROMBIE, Alexander	(2) Alnwick Harriers	Medium (Men)	1109	00:02:30	00:40:22
46	0:42:53	FLETCHER, Adam	Berwick H	Medium (Vets)	1700	00:02:30	00:40:23
47	0:42:55	KIRKLAND, David	(2) Alnwick Harriers	Fast (Men)	1120	00:05:00	00:37:55
48	0:42:56	TARBITT, Paul	(1) Gateshead Harriers	Slow (Men)	1599		00:42:56
49	0:42:57	DOUGLAS, Ben	(1) Durham City Harriers	Fast (Men)	1746	00:02:30	00:40:27
50	0:42:58	HOLMBACK, Peter	(3) Blyth RC	Slow (Men)	1159		00:42:58
51	0:43:00	STURMAN, John	(1) Wallsend Harriers	Slow (Men)	1419		00:43:00
52	0:43:05	JOHNSON, Stephen	(2) Houghton AC	Slow (Vets)	1508		00:43:05
53	0:43:06	HILTON, Paul	(2) Tynebridge Harriers	Medium (Vets)	1194	00:02:30	00:40:36
54	0:43:08	MOIR, David	(2) Tynebridge Harriers	Medium (Vets)	1208	00:02:30	00:40:38
55	0:43:12	JACKSON, Steven	(3) Derwentside AC	Slow (Men)	831		00:43:12
56	0:43:15	SANDERSON, Phil	(2) Elswick Harriers	Fast (Vets)	912	00:05:00	00:38:15
57	0:43:16	BATY, John	(1) North Shields Poly	Medium (Vets)	292	00:02:30	00:40:46
58	0:43:17	JOYCE, Nick	(1) South Shields Harriers & AC	Medium (Men)	1691	00:02:30	00:40:47
59	0:43:18	NIVEN, Andrew	(1) Heaton Harriers	Medium (Men)	63	00:02:30	00:40:48
60	0:43:19	BABER, Chris	(2) Tynedale Harriers	Medium (Men)	705	00:02:30	00:40:49
61	0:43:21	SYERS, Graham	(2) Alnwick Harriers	Slow (Vets)	1135		00:43:21
62	0:43:22	CRAVEN, Richard	(1) Gateshead Harriers	Medium (Men)	1528	00:02:30	00:40:52
63	0:43:24	GRAHAM, Steven	(1) Sunderland Harriers	Medium (Men)	450	00:02:30	00:40:54

64	0:43:27	MATHESON, Aaron	(1) Heaton Harriers	Slow (Vets)	96		00:43:27
65	0:43:28	SWORD, Gavin	(1) Sunderland Strollers	Slow (Vets)	521		00:43:28
66	0:43:30	MORRIS, Neil	(1) Low Fell RC	Medium (Vets)	182	00:02:30	00:41:00
67	0:43:30	CONLIN, Adrian	(2) Claremont RR	Slow (Vets)	585		00:43:30
68	0:43:30	DOXFORD, Paul	(1) South Shields Harriers & AC	Slow (Vets)	382		00:43:30
69	0:43:30	STEPHENSON, Graham	(2) Saltwell Harriers	Slow (Men)	1765		00:43:30
70	0:43:30	MILLMORE, Lee	(2) Birtley AC	Slow (Men)	851		00:43:30
71	0:43:30	WINTER, Mike	(1) Morpeth Harriers & AC	Medium (Men)	276	00:02:30	00:41:00
72	0:43:30	TELFER, Mike	(2) Alnwick Harriers	Slow (Vets)	1136		00:43:30
73	0:43:30	HURSE, John	(2) Tynebridge Harriers	Slow (Men)	1195		00:43:30
74	0:43:30	SMITH, Fred	(2) Saltwell Harriers	Slow (Vets)	951		00:43:30
75	0:43:30	DAVISON, Darryl	(2) Tynebridge Harriers	Medium (Men)	1242	00:02:30	00:41:00
76	0:43:30	RANKIN, Steve	(1) Sunderland Strollers	Medium (Men)	1773	00:02:30	00:41:00
77	0:43:34	WILKINSON, Jonathan	(1) Durham City Harriers	Medium (Men)	61	00:02:30	00:41:04
78	0:43:34	HARRISON, Andy	(2) Tynebridge Harriers	Slow (Vets)	1193		00:43:34
79	0:43:34	NICHOLSON, George	(1) Wallsend Harriers	Slow (Men)	1406		00:43:34
80	0:43:34	ROBSON, Gary	(1) North Shields Poly	Slow (Vets)	348		00:43:34
81	0:43:34	LAWS, Shaun	(2) Birtley AC	Medium (Men)	850	00:02:30	00:41:04
82	0:43:34	SPURLING, Tom	(2) Elvet Striders	Slow (Men)	1869		00:43:34
83	0:43:34	HUTCHINSON, Paul	(2) Tynedale Harriers	Slow (Men)	731		00:43:34
84	0:43:34	POWELL, Mark	(2) Elswick Harriers	Slow (Vets)	904		00:43:34
85	0:43:34	ANDERSON, David	?	Slow (Men)	1808		00:43:34
86	0:43:38	DUNLOP, Sean	(1) Low Fell RC	Slow (Vets)	140		00:43:38
87	0:43:38	ATTLEY, Paul	(1) Gateshead Harriers	Medium (Men)	1741	00:02:30	00:41:08
88	0:43:44	HUTCHINSON, Michael	(2) Crook AC	Slow (Vets)	1616		00:43:44
89	0:43:45	HEDLEY, Michael	(3) Jesmond Joggers	Fast (Men)	1301	00:05:00	00:38:45
90	0:43:45	HUTCHINSON, Ian	(2) Crook AC	Slow (Vets)	562		00:43:45
91	0:43:45	COULSON, Phil	(1) Low Fell RC	Fast (Men)	210	00:05:00	00:38:45
92	0:43:48	THORPE, Graeme	(1) Sunderland Strollers	Medium (Men)	524	00:02:30	00:41:18
93	0:43:50	RICHARDSON, Kevin	(3) Jesmond Joggers	Slow (Men)	1314		00:43:50
94	0:43:50	GALT, Alistair	(1) Durham City Harriers	Medium (Men)	1748	00:02:30	00:41:20
95	0:43:50	MORLEY, John	(2) Tynebridge Harriers	Fast (Men)	1209	00:02:30	00:41:20
96	0:43:50	COUPLAND, Ronny	(1) Wallsend Harriers	Slow (Men)	1429		00:43:50
97	0:43:50	GREY, Thomas	(2) Houghton AC	Medium (Men)	808	00:02:30	00:41:20
98	0:43:50	SALKELD, Ian	(3) Jarrow & Hebburn AC	Medium (Men)	1363	00:02:30	00:41:20
99	0:43:55	THOMPSON, Alan	(2) Elswick Harriers	Slow (Vets)	1874		00:43:55
100	0:43:55	LITTLE, Mike	(2) Tynedale Harriers	Slow (Vets)	759		00:43:55
101	0:44:00	LISTER, Kevin	(3) North East Vets	Slow (Men)	1640		00:44:00
102	0:44:05	HILLIER, Ed	(1) Morpeth Harriers & AC	Slow (Men)	1762		00:44:05
103	0:44:05	TAIT, Ted	(1) Durham City Harriers	Medium (Vets)	54	00:02:30	00:41:35
104	0:44:07	DOOLAN, Kevin	(3) Blackhill Bounders	Slow (Vets)	1804		00:44:07
105	0:44:19	MARSHALL, Stephen	(1) Durham City Harriers	Slow (Vets)	38		00:44:19
106	0:44:20	MCKEOWN, Phil	(1) Gateshead Harriers	Slow (Men)	1568		00:44:20
107	0:44:21	HARDY, Iain	(2) Elswick Harriers	Medium (Vets)	887	00:02:30	00:41:51
108	0:44:22	GARLAND, James	(2) Elvet Striders	Slow (Men)	646		00:44:22
109	0:44:23	THOMPSON, Jim	(2) Saltwell Harriers	Medium (Vets)	954	00:02:30	00:41:53
110	0:44:24	BENNETT, Lee	(2) Elswick Harriers	Fast (Vets)	870	00:05:00	00:39:24
111	0:44:27	HETHERINGTON, Brian	(1) Wallsend Harriers	Fast (Vets)	1392	00:05:00	00:39:27
112	0:44:29	MALLOY, Joe	(1) Low Fell RC	Slow (Men)	1872		00:44:29
113	0:44:30	WISHART, Rob	(2) Tynebridge Harriers	Medium (Vets)	1231	00:02:30	00:42:00
114	0:44:31	COLLIER, Stu	(2) Tynebridge Harriers	Medium (Men)	1826	00:02:30	00:42:01
115	0:44:32	PRATT, Adam	(2) Tynedale Harriers	Medium (Men)	746	00:02:30	00:42:02
116	0:44:32	DARCY, Ben	(3) Jesmond Joggers	Slow (Vets)	1295		00:44:32
117	0:44:33	YOUNG, Barry	(1) North Shields Poly	Slow (Vets)	367		00:44:33
118	0:44:34	GREY, Peter	(2) Alnwick Harriers	Slow (Vets)	1113		00:44:34
119	0:44:34	MEDD, Steven	(1) Gateshead Harriers	Medium (Men)	1569	00:02:30	00:42:04
120	0:44:35	MCCONNELL, Stewart	(2) Elvet Striders	Slow (Vets)	665		00:44:35
121	0:44:35	LILLICO, Jim	(2) Alnwick Harriers	Slow (Vets)	1122		00:44:35
122	0:44:38	ALDER, Jim	(1) Morpeth Harriers & AC	Slow (Vets)	219		00:44:38
123	0:44:39	AISTON, Phillip	(1) Wallsend Harriers	Fast (Men)	1372	00:05:00	00:39:39
124	0:44:39	MCMAHON, Steve	(1) Sunderland Strollers	Medium (Men)	513	00:02:30	00:42:09
125	0:44:41	SIMON, Ian	(2) Alnwick Harriers	Medium (Men)	1130	00:02:30	00:42:11
126	0:44:42	DICKER, Gary	(1) Heaton Harriers	Slow (Vets)	73		00:44:42
127	0:44:43	BARKLEY, Rob	(3) Blyth RC	Slow (Men)	1140		00:44:43
128	0:44:44	WALL, Jason	(1) Heaton Harriers	Slow (Men)	116		00:44:44
129	0:44:46	STEWART, Graeme	(3) Blyth RC	Slow (Men)	1170		00:44:46
130	0:44:48	DUNLOP, Paul	(1) Sunderland Strollers	Slow (Vets)	494		00:44:48
131	0:44:49	SMITH, Jeremy	(2) Claremont RR	Slow (Vets)	620		00:44:49
132	0:44:50	LLOYD, Jerry	(2) Elvet Striders	Medium (Vets)	663	00:02:30	00:42:20
133	0:44:51	BAINBRIDGE, George	(1) South Shields Harriers & AC	Medium (Vets)	372	00:02:30	00:42:21
134	0:44:52	HALL, Mark	(2) Tynebridge Harriers	Medium (Vets)	1191	00:02:30	00:42:22
135	0:44:54	YOUNG, Ian	(3) Blackhill Bounders	Slow (Men)	1007		00:44:54
136	0:44:56	KING, Dave	(1) Durham City Harriers	Slow (Vets)	34		00:44:56
137	0:44:57	TOLLITT, John	(2) Tynebridge Harriers	Slow (Men)	1225		00:44:57
138	0:44:59	DUFFY, Patrick	(1) Heaton Harriers	Fast (Vets)	1684	00:05:00	00:39:59
139	0:45:00	MUSGROVE, John	(2) Gosforth Harriers & AC	Slow (Vets)	1610		00:45:00
140	0:45:01	ALLSOP, Tim	(1) Sunderland Strollers	Medium (Vets)	480	00:02:30	00:42:31
141	0:45:02	EMMETT, Kevin	(1) South Shields Harriers & AC	Medium (Vets)	384	00:02:30	00:42:32
142	0:45:03	DAVINSON, Mark	(3) Derwentside AC	Slow (Men)	824		00:45:03

143	0:45:04	BELL, Michael	(1) Wallsend Harriers	Slow (Vets)	1378	00:45:04
144	0:45:07	TORBETT, James	(1) Wallsend Harriers	Slow (Men)	1422	00:45:07
145	0:45:08	HODGSON, Mark	(1) South Shields Harriers & AC	Slow (Men)	416	00:45:08
146	0:45:08	SAMUELS, Dan	(1) Wallsend Harriers	Slow (Men)	1413	00:45:08
147	0:45:11	FINN, Brodie	(2) Gosforth Harriers & AC	Fast (Men)	777	00:05:00 00:40:11
148	0:45:16	APPLEBY, David	(2) Tynebridge Harriers	Slow (Vets)	1178	00:45:16
149	0:45:17	JARDINE, Oliver	(1) Heaton Harriers	Medium (Men)	88	00:02:30 00:42:47
150	0:45:17	JOHNSON, Lawrence	(1) Low Fell RC	Slow (Vets)	161	00:45:17
151	0:45:18	MINGSTONES, Mick	(1) Heaton Harriers	Slow (Vets)	103	00:45:18
152	0:45:28	LOMBARD, Keith	(2) Tynedale Harriers	Slow (Men)	737	00:45:28
153	0:45:29	ROBSON, Colin	(3) Jarrow & Hebburn AC	Medium (Men)	1362	00:02:30 00:42:59
154	0:45:30	DAVIES, John	(1) Sunderland Strollers	Slow (Vets)	1828	00:45:30
155	0:45:34	RICHIE, Ian	(3) Jarrow & Hebburn AC	Medium (Men)	1359	00:02:30 00:43:04
156	0:45:35	DONNEKY JR, John	(3) Derwentside AC	Medium (Men)	825	00:02:30 00:43:05
157	0:45:35	BELL, Stewy	(3) Blackhill Bounders	Fast (Vets)	979	00:05:00 00:40:35
158	0:45:36	ANDERSON, Ross	(3) Jarrow & Hebburn AC	Medium (Men)	1745	00:02:30 00:43:06
159	0:45:38	DALEY, Sam	(1) Heaton Harriers	Slow (Vets)	71	00:45:38
160	0:45:39	JANSEN, Jake	(3) Blyth RC	Medium (Men)	1503	00:02:30 00:43:09
161	0:45:39	BOLTON, Jonny	(2) Elswick Harriers	Slow (Vets)	873	00:45:39
162	0:45:40	SCOTT, Richard	(3) Blackhill Bounders	Slow (Men)	1000	00:45:40
163	0:45:41	ROBINS, Dan	(1) Heaton Harriers	Medium (Men)	107	00:02:30 00:43:11
164	0:45:44	HILL, Steve	(2) Tynedale Harriers	Slow (Vets)	730	00:45:44
165	0:45:45	BIGGS, Andy	(1) Durham City Harriers	Slow (Vets)	8	00:45:45
166	0:45:46	WAITE, Chris	(1) North Shields Poly	Slow (Vets)	360	00:45:46
167	0:45:47	FROST, Martin	(1) North Shields Poly	Slow (Vets)	314	00:45:47
168	0:45:47	SILLITO, Roger	(1) Low Fell RC	Slow (Men)	208	00:45:47
169	0:45:48	WALKER, Peter	(1) South Shields Harriers & AC	Slow (Vets)	408	00:45:48
170	0:45:51	MACPHERSON, Ken	(2) Tynebridge Harriers	Fast (Vets)	1204	00:05:00 00:40:51
171	0:45:51	GREEN, Philip	(1) Heaton Harriers	Medium (Vets)	79	00:02:30 00:43:21
172	0:45:52	GARBUTT, Rob	(1) Durham City Harriers	Slow (Vets)	20	00:45:52
173	0:45:54	DIXON (V), Gordon	(1) Morpeth Harriers & AC	Slow (Vets)	236	00:45:54
174	0:45:55	PICKETT, Paul	(2) Tynedale Harriers	Slow (Vets)	1697	00:45:55
175	0:45:57	MCGAHEY, Tim	(3) Jesmond Joggers	Slow (Vets)	1306	00:45:57
176	0:46:00	ANTHILL, David	(2) Tynebridge Harriers	Slow (Men)	1235	00:46:00
177	0:46:08	AYRE, Kevin	(1) South Shields Harriers & AC	Slow (Vets)	371	00:46:08
178	0:46:09	NASH, John	(1) Durham City Harriers	Slow (Vets)	44	00:46:09
179	0:46:11	THOMAS, Kevin	(2) Gosforth Harriers & AC	Slow (Vets)	797	00:46:11
180	0:46:13	KINGSTON, Matthew	(2) Claremont RR	Slow (Vets)	599	00:46:13
181	0:46:20	STEPHENSON, Kevin	(2) Elswick Harriers	Medium (Vets)	916	00:02:30 00:43:50
182	0:46:25	GALLON, Ian	(1) Heaton Harriers	Slow (Vets)	1803	00:46:25
183	0:46:27	WANG, Steven	(2) Houghton AC	Slow (Men)	1835	00:46:27
184	0:46:30	LEECE, Malcolm	(3) Jarrow & Hebburn AC	Slow (Men)	1352	00:46:30
185	0:46:33	JACKSON, Mark	(2) Tynebridge Harriers	Slow (Men)	1799	00:46:33
186	0:46:36	ALLSOPP, Barry	(1) Wallsend Harriers	Slow (Vets)	1374	00:46:36
187	0:46:38	BYRON, Marcus	(2) Tynedale Harriers	Slow (Vets)	712	00:46:38
188	0:46:39	SALMON, David	(1) Low Fell RC	Slow (Men)	1871	00:46:39
189	0:46:41	MCGARTH, Shaun	(2) Houghton AC	Slow (Vets)	812	00:46:41
190	0:46:44	ATKINSON, Nick	(1) South Shields Harriers & AC	Medium (Men)	370	00:02:30 00:44:14
191	0:46:47	HODGSON, Colin	(3) Blackhill Bounders	Slow (Vets)	989	00:46:47
192	0:46:48	EATON, Harry	(1) Durham City Harriers	Medium (Men)	1815	00:02:30 00:44:18
193	0:46:49	LEYS, Andrew	(1) Heaton Harriers	Slow (Vets)	91	00:46:49
194	0:46:50	DOWNS, Craig	(2) Crook AC	Slow (Men)	577	00:46:50
195	0:46:51	JONES, Chris	(2) Claremont RR	Slow (Men)	596	00:46:51
196	0:46:54	CAVANAGH, Les	(1) Low Fell RC	Slow (Vets)	133	00:46:54
197	0:46:56	SARGINSON, Derren	(3) Blackhill Bounders	Slow (Men)	998	00:46:56
198	0:46:58	CONWAY, Ged	(2) Saltwell Harriers	Slow (Vets)	930	00:46:58
199	0:46:59	CARRUTHERS, Conna	(2) Birtley AC	Medium (Men)	1797	00:02:30 00:44:29
200	0:47:00	PEARSON, Nicholas	(2) Tynebridge Harriers	Slow (Men)	1724	00:47:00
201	0:47:00	TURNER, Mark	(3) Jesmond Joggers	Slow (Men)	1310	00:47:00
202	0:47:04	DOBBY, Steve	(3) Blyth RC	Slow (Men)	1150	00:47:04
203	0:47:07	COULSON, David	(2) Birtley AC	Slow (Vets)	840	00:47:07
204	0:47:08	JARDIN, David	(2) Elswick Harriers	Slow (Men)	892	00:47:08
205	0:47:10	DELANEY, Paul	(1) Durham City Harriers	Slow (Vets)	16	00:47:10
206	0:47:13	CLAYDON, Matt	(2) Elvet Striders	Slow (Men)	640	00:47:13
207	0:47:14	COPPEN, Michael	(1) Heaton Harriers	Slow (Vets)	1877	00:47:14
208	0:47:15	HODSON, Joe	(3) PB Fitness	Slow (Men)	1030	00:47:15
209	0:47:19	TINSLEY, Tom	(2) Claremont RR	Slow (Vets)	621	00:47:19
210	0:47:20	WOODEND, Luke	(2) Claremont RR	Slow (Men)	625	00:47:20
211	0:47:21	BELL, Andrew	(1) Heaton Harriers	Slow (Men)	65	00:47:21
212	0:47:22	DICK, Neil	(1) North Shields Poly	Slow (Vets)	305	00:47:22
213	0:47:24	GANT, Sam	(2) Gosforth Harriers & AC	Slow (Men)	778	00:47:24
214	0:47:26	LANGFORD, Alan	(1) Heaton Harriers	Slow (Vets)	90	00:47:26
215	0:47:28	REYNOLDS, Mark	(2) Tynebridge Harriers	Slow (Vets)	1216	00:47:28
216	0:47:30	PROUDLOCK, Craig	(1) Gateshead Harriers	Slow (Men)	1584	00:47:30
217	0:47:32	SNOWBALL, Mark	(1) Morpeth Harriers & AC	Slow (Men)	1863	00:47:32
218	0:47:34	HAILS, Elliott	(2) Tynebridge Harriers	Slow (Men)	1864	00:47:34
219	0:47:35	NETTLETON, Rich	(1) South Shields Harriers & AC	Slow (Vets)	401	00:47:35
220	0:47:36	DAVIS, Geoff	(2) Elvet Striders	Slow (Vets)	644	00:47:36
221	0:47:39	WELLINGS, Steve	(2) Elswick Harriers	Slow (Vets)	1873	00:47:39

222	0:47:41	BELL, Mark	(2) Birtley AC	Slow (Vets)	1692	00:47:41
223	0:47:45	FORSTER, Tim	(2) Saltwell Harriers	Slow (Vets)	934	00:47:45
224	0:47:51	HEWITSON, Geoff	(2) Crook AC	Slow (Vets)	560	00:47:51
225	0:47:52	COOK, Norman	(3) Aurora	Slow (Vets)	1322	00:47:52
226	0:47:52	OLIVER, Paul	(1) South Shields Harriers & AC	Slow (Men)	402	00:47:52
227	0:48:00	NAYAK, Sumanth	(2) Claremont RR	Slow (Men)	609	00:48:00
228	0:48:07	MURPHY, Peter	(2) Tynedale Harriers	Slow (Vets)	742	00:48:07
229	0:48:14	WILSON-CRAW, Alasdair	(2) Claremont RR	Slow (Vets)	622	00:48:14
230	0:48:15	FAIRCLOUGH, Darren	(3) Shildon AC	Slow (Vets)	1641	00:48:15
231	0:48:16	PARKIN, Jon	Ponteland Runners	Slow (Men)	1038	00:48:16
232	0:48:21	TYE, Graham	(1) Heaton Harriers	Slow (Vets)	115	00:48:21
233	0:48:25	MULLARKEY, Peter	(2) Saltwell Harriers	Slow (Vets)	944	00:48:25
234	0:48:26	MOORE, Eric	(2) Crook AC	Slow (Vets)	578	00:48:26
235	0:48:27	BUNN (V), Michael	(3) Jarrow & Hebburn AC	Slow (Vets)	1344	00:48:27
236	0:48:29	DEVLIN, Frank	(1) Gateshead Harriers	Slow (Vets)	1531	00:48:29
237	0:48:36	BANKS, Mark	(1) Heaton Harriers	Slow (Men)	1821	00:48:36
238	0:48:39	LAWS, John	(1) North Shields Poly	Slow (Vets)	329	00:48:39
239	0:48:42	GLADSTONE, Tony	(1) Low Fell RC	Slow (Men)	1688	00:48:42
240	0:48:44	GROARK, Dave	(1) Sunderland Strollers	Slow (Men)	1706	00:48:44
241	0:48:45	BAILES, Brian	(2) Birtley AC	Slow (Vets)	839	00:48:45
242	0:48:54	ARTHUR, Neil	(1) North Shields Poly	Slow (Men)	1788	00:48:54
243	0:48:56	HAYLEY, Ed	(1) South Shields Harriers & AC	Slow (Vets)	388	00:48:56
244	0:48:59	GIBSON, Mike	(1) South Shields Harriers & AC	Slow (Men)	386	00:48:59
245	0:49:07	STOREY, Callum	(3) Blyth RC	Slow (Men)	1507	00:49:07
246	0:49:14	PHILLIPS, Dean	(1) Sunderland Harriers	Slow (Vets)	463	00:49:14
247	0:49:17	KIRBY, Richard	(1) Morpeth Harriers & AC	Slow (Vets)	250	00:49:17
248	0:49:19	GOURLEY, Aaron	(2) Elvet Striders	Slow (Vets)	649	00:49:19
249	0:49:20	CHAMBERS, Kenny	(1) Wallsend Harriers	Slow (Vets)	1380	00:49:20
250	0:49:23	FRENCH, Steven	(3) Blyth RC	Slow (Men)	1154	00:49:23
251	0:49:24	ATTHEY, Chris	(1) Low Fell RC	Slow (Vets)	125	00:49:24
252	0:49:27	BENNETT, Michael	(2) Elvet Striders	Slow (Vets)	636	00:49:27
253	0:49:28	RICHARDSON, Peter	(1) Sunderland Harriers	Slow (Vets)	467	00:49:28
254	0:49:33	WALLACE, Alasdair	(3) Jesmond Joggers	Slow (Men)	1311	00:49:33
255	0:49:36	GARDNER, Simon	(2) Elvet Striders	Slow (Men)	695	00:49:36
256	0:49:37	NG, Fai	(1) Low Fell RC	Slow (Men)	216	00:49:37
257	0:49:39	WILSON, Ali	(2) Crook AC	Slow (Men)	1615	00:49:39
258	0:49:41	ELLIS, Simon	(1) North Shields Poly	Slow (Men)	309	00:49:41
259	0:49:41	BOSSON, John	(3) Derwentside AC	Slow (Vets)	822	00:49:41
260	0:49:42	RICHARDSON, Paul	(1) North Shields Poly	Slow (Men)	1812	00:49:42
261	0:49:44	SPILLER, Adam	(2) Alnwick Harriers	Slow (Men)	1132	00:49:44
262	0:49:47	TODD, Michael	(1) Wallsend Harriers	Slow (Vets)	1421	00:49:47
263	0:49:48	ROBINSON, Geoffrey	(3) Chester-le-Street	Slow (Vets)	1702	00:49:48
264	0:49:49	BURDEN, Andy	(1) Heaton Harriers	Slow (Men)	1870	00:49:49
265	0:49:51	HINDMARSH, David	(2) Alnwick Harriers	Slow (Vets)	1116	00:49:51
266	0:49:55	COXON, David	(1) Durham City Harriers	Slow (Men)	15	00:49:55
267	0:50:00	BOND, Steven	(2) Gosforth Harriers & AC	Slow (Men)	767	00:50:00
268	0:50:09	INSKIP, Paul	(1) Heaton Harriers	Slow (Vets)	86	00:50:09
269	0:50:11	MIDDLETON, Andy	(2) Elswick Harriers	Slow (Men)	902	00:50:11
270	0:50:12	BROWN, John	(1) North Shields Poly	Slow (Vets)	1613	00:50:12
271	0:50:14	LANGLEY, Steve	(2) Birtley AC	Slow (Men)	1620	00:50:14
272	0:50:14	FOSTER, Rob	(1) North Shields Poly	Slow (Vets)	313	00:50:14
273	0:50:15	WRIGHT (V), Derek	(1) Sunderland Strollers	Slow (Vets)	536	00:50:15
274	0:50:19	WATSON, Geoff	(1) Durham City Harriers	Slow (Men)	58	00:50:19
275	0:50:20	LOCKWOOD, Alex	(2) Tynebridge Harriers	Slow (Men)	1261	00:50:20
276	0:50:22	DOCTOR, Mark	(2) Alnwick Harriers	Slow (Men)	1110	00:50:22
277	0:50:23	BRADLEY, Dave	(3) Blyth RC	Slow (Vets)	1143	00:50:23
278	0:50:25	EMMETT, Vince	(1) Sunderland Harriers	Slow (Vets)	447	00:50:25
279	0:50:27	KISLER, Jonathan	(1) Sunderland Strollers	Slow (Vets)	506	00:50:27
280	0:50:28	COLLINSON, Dave	(1) Wallsend Harriers	Slow (Vets)	1382	00:50:28
281	0:50:41	RUSSELL, Mike	(2) Elswick Harriers	Slow (Vets)	1875	00:50:41
282	0:50:44	BUCKLEY, Brian	(3) Derwentside AC	Slow (Men)	823	00:50:44
283	0:50:45	TERRY, Michael	(2) Elvet Striders	Slow (Men)	1805	00:50:45
284	0:50:46	MCQUADE, Richard	(2) Gosforth Harriers & AC	Slow (Vets)	788	00:50:46
285	0:50:48	POWELL, Mike	(3) Blackhill Bounders	Slow (Vets)	996	00:50:48
286	0:50:52	FISH, Mark	(3) Blackhill Bounders	Slow (Vets)	1635	00:50:52
287	0:50:53	HENDERSON, Dave	(2) Alnwick Harriers	Slow (Vets)	1743	00:50:53
288	0:50:55	HARRIS, Shaun	(1) Heaton Harriers	Slow (Men)	80	00:50:55
289	0:50:56	FOY, Gary	(1) Sunderland Harriers	Slow (Vets)	1876	00:50:56
290	0:51:07	PHIPPS, Dominic	(1) Gateshead Harriers	Slow (Men)	1582	00:51:07
291	0:51:10	LESLIE, Graham	(2) Claremont RR	Slow (Vets)	601	00:51:10
292	0:51:12	BONE, Alan	(1) South Shields Harriers & AC	Slow (Vets)	375	00:51:12
293	0:51:15	LAMBTON, Ross	(2) Houghton AC	Slow (Men)	809	00:51:15
294	0:51:15	AICHER, Hemrik	(2) Tynebridge Harriers	Slow (Men)	1800	00:51:15
295	0:51:16	GRAHAM, Peter	(2) Tynedale Harriers	Slow (Vets)	725	00:51:16
296	0:51:24	WAKENSHAW, Trevor	(1) North Shields Poly	Slow (Vets)	361	00:51:24
297	0:51:32	EILLES, Paul	(3) Derwentside AC	Slow (Men)	826	00:51:32
298	0:51:34	ROBERTS, Shaun	(2) Elvet Striders	Slow (Vets)	673	00:51:34
299	0:51:45	LEONARD, Simon	(2) Houghton AC	Slow (Vets)	810	00:51:45
300	0:51:49	ROBSON, Alistair	(2) Elvet Striders	Slow (Men)	674	00:51:49

301	0:51:51	SKIRROW, Graham	(2) Alnwick Harriers	Slow (Vets)	1131	00:51:51
302	0:51:52	HUGHES, Michael	(2) Elvet Striders	Slow (Vets)	1836	00:51:52
303	0:51:59	BRIGNALL, David	(1) Heaton Harriers	Slow (Vets)	68	00:51:59
304	0:52:00	MARR, Jason	(2) Crook AC	Slow (Vets)	1757	00:52:00
305	0:52:02	ROBINSON, Greg	(1) North Shields Poly	Slow (Vets)	347	00:52:02
306	0:52:04	ANDERSON, Ian	(1) South Shields Harriers & AC	Slow (Vets)	421	00:52:04
307	0:52:08	USHER, Brian	(3) Aurora	Slow (Vets)	1341	00:52:08
308	0:52:10	MADDOCKS, Tony	(1) Wallsend Harriers	Slow (Vets)	1399	00:52:10
309	0:52:13	HARVEY, Daniel	(3) Jesmond Joggers	Slow (Men)	1299	00:52:13
310	0:52:18	HOWE, David	(3) Derwentside AC	Slow (Vets)	829	00:52:18
311	0:52:19	CALLAGHAN, John	(2) Alnwick Harriers	Slow (Vets)	1105	00:52:19
312	0:52:24	WILLIAMS, Glen	Wooler RC	Slow (Vets)	1867	00:52:24
313	0:52:28	PHILLIPSON, Colin	(3) PB Fitness	Slow (Men)	1022	00:52:28
314	0:52:33	PACE, David	(1) Heaton Harriers	Slow (Vets)	104	00:52:33
315	0:52:39	PAYNE, Kevin	(1) Wallsend Harriers	Slow (Vets)	1407	00:52:39
316	0:52:41	BRADFORD, Terry	(1) Wallsend Harriers	Slow (Vets)	1428	00:52:41
317	0:52:42	COUGHLAN, Peter	(3) Aurora	Slow (Vets)	1323	00:52:42
318	0:52:48	RICHARDSON, Mark	(1) Sunderland Strollers	Slow (Men)	517	00:52:48
319	0:52:54	CHRISTOPHER, Len	(1) Sunderland Harriers	Slow (Vets)	441	00:52:54
320	0:53:03	WOTTON, David	(2) Claremont RR	Slow (Vets)	626	00:53:03
321	0:53:06	HOCKIN, Richard	(2) Elvet Striders	Slow (Vets)	654	00:53:06
322	0:53:10	PILE, Kenneth	(3) Aurora	Slow (Vets)	1331	00:53:10
323	0:53:14	READMAN, Alan	(2) Houghton AC	Slow (Vets)	817	00:53:14
324	0:53:28	FLYNN, James	(1) Wallsend Harriers	Slow (Vets)	1387	00:53:28
325	0:53:32	JOBIE, Simon	(1) Heaton Harriers	Slow (Men)	89	00:53:32
326	0:53:35	BASTON, Phil	(2) Alnwick Harriers	Slow (Men)	1118	00:53:35
327	0:53:42	BATY, Edward	(1) Heaton Harriers	Slow (Vets)	64	00:53:42
328	0:53:44	LEE, Kevin	(3) Blackhill Bounders	Slow (Vets)	991	00:53:44
329	0:53:46	LLOYD, Michael	(2) Crook AC	Slow (Men)	1638	00:53:46
330	0:53:51	BARTRUM, Dave	(2) Alnwick Harriers	Slow (Men)	1838	00:53:51
331	0:54:00	RICHARDSON, Alex	(1) Wallsend Harriers	Slow (Vets)	1411	00:54:00
332	0:54:08	BRAND, Robert	(2) Claremont RR	Slow (Men)	1868	00:54:08
333	0:54:08	HIGGINS, Patrick	(3) Jesmond Joggers	Slow (Men)	1670	00:54:08
334	0:54:28	BUFFHAM, David	Ponteland Runners	Slow (Vets)	1041	00:54:28
335	0:54:38	MASSON, Neil	(1) North Shields Poly	Slow (Vets)	1862	00:54:38
336	0:54:42	LEGG, Dave	Ponteland Runners	Slow (Vets)	1042	00:54:42
337	0:54:47	DICKSON, Stuart	(2) Tynebridge Harriers	Slow (Vets)	1244	00:54:47
338	0:55:00	WEST, Paul	(1) South Shields Harriers & AC	Slow (Vets)	531	00:55:00
339	0:55:18	FORD, Brian	(2) Elvet Striders	Slow (Vets)	693	00:55:18
340	0:55:19	BRONZE, Kim	(2) Alnwick Harriers	Slow (Vets)	1865	00:55:19
341	0:55:34	WRIGHT, David	(1) Low Fell RC	Slow (Vets)	207	00:55:34
342	0:55:42	WELSH, Robert	(1) Sunderland Strollers	Slow (Vets)	1713	00:55:42
343	0:55:49	SLESSER, Alan	(3) Jarrow & Hebburn AC	Slow (Vets)	1365	00:55:49
344	0:56:28	CURRY, Stephen	(2) Elswick Harriers	Slow (Vets)	881	00:56:28
345	0:56:36	PARKIN, Chris	(2) Tynebridge Harriers	Slow (Vets)	1268	00:56:36
346	0:56:39	HARRISON, Graham	(2) Saltwell Harriers	Slow (Vets)	938	00:56:39
347	0:56:39	JAMES, Phil	(2) Saltwell Harriers	Slow (Vets)	940	00:56:39
348	0:56:42	CHEETHAM, Kevin	(2) Tynebridge Harriers	Slow (Vets)	1752	00:56:42
349	0:56:50	MALONEY, Andrew	(3) Jesmond Joggers	Slow (Men)	1320	00:56:50
350	0:56:56	DUNCAN, Trevor	(1) Sunderland Strollers	Slow (Vets)	538	00:56:56
351	0:56:59	KAY, Jonathan	(2) Alnwick Harriers	Slow (Vets)	1119	00:56:59
352	0:57:00	MILBOURNE, Bill	(2) Claremont RR	Slow (Vets)	608	00:57:00
353	0:57:54	BARTHOLEMEW, Peter	(3) Ponteland Runners	Slow (Vets)	1045	00:57:54
354	0:58:24	BELL, Jon	(3) Tyne & Wear Fire & Rescue	Slow (Men)	1440	00:58:24
355	0:59:04	BROWN, Brian	(1) Durham City Harriers	Slow (Vets)	10	00:59:04
356	0:59:08	KEAR, David	(2) Claremont RR	Slow (Vets)	598	00:59:08
357	0:59:21	OWEN, Phil	(2) Elvet Striders	Slow (Vets)	671	00:59:21
358	0:59:26	MCDONALD, Ian	(3) Jesmond Joggers	Slow (Vets)	1305	00:59:26
359	1:00:04	MCCORMICK, Ken	(2) Claremont RR	Slow (Vets)	606	01:00:04
360	1:00:37	LAMOND, David	(2) Birtley AC	Slow (Men)	849	01:00:37
361	1:00:48	GORSTIGE, David	(3) Jesmond Joggers	Slow (Men)	1298	01:00:48
362	1:01:04	WEAVERS, Keith	(3) Aurora	Slow (Vets)	1342	01:01:04
363	1:01:35	COCKBURN, John	(2) Alnwick Harriers	Slow (Vets)	1108	01:01:35
364	1:04:36	WILSON, Richard	(1) Sunderland Strollers	Slow (Vets)	1824	01:04:36
365	1:06:45	MCDONALD, Ken	(1) South Shields Harriers & AC	Slow (Vets)	397	01:06:45
366	1:08:24	WILKINSON, Scott	(2) Tynebridge Harriers	Slow (Men)	1753	01:08:24
367	1:08:40	MURRAY, Barry	(2) Birtley AC	Slow (Vets)	853	01:08:40
368	1:11:19	ROCHELLE, Steven	(2) Saltwell Harriers	Slow (Vets)	950	01:11:19
369	1:12:46	PURDHAM, Allen	(2) Crook AC	Slow (Vets)	571	01:12:46

Promotions from slow pack to medium pack

RacePos.	Name	Club	Old Pack
2	CALDWELL, Phillip	(1) Morpeth Harriers & AC	Slow (Men)
3	GRAHAM, Andy	(1) Wallsend Harriers	Slow (Men)
9	BROWN, Shaun	(2) Tynebridge Harriers	Slow (Men)
11	REDMAN (V), Paul	(1) Sunderland Harriers	Slow (Vets)
14	OLIVER, Mark	(1) Low Fell RC	Slow (Men)
15	MCGILLIVARY, Magnus	(1) Heaton Harriers	Slow (Men)
19	BAINBRIDGE, Paul	(1) South Shields Harriers & AC	Slow (Men)

22 MACDONALD, Alistair	(1) Morpeth Harriers & AC	Slow (Men)
25 STIRLAND, Jason	(1) North Shields Poly	Slow (Men)
26 REEVES, Tom	(2) Elvet Striders	Slow (Men)
28 LOWE, David	(2) Alnwick Harriers	Slow (Vets)
30 STEPHENS, John	(1) Low Fell RC	Slow (Vets)

Promotions from medium pack to fast pack

Race Pos.	Name	Club	Old Pack
5	MCLEOD, Mark	(2) Elswick Harriers	Medium (Men)
13	GREEN, Andy	(2) Tynedale Harriers	Medium (Vets)
16	BARKER, Michael	(1) Sunderland Harriers	Medium (Men)
17	FLANNERY, Keiran	(1) Gateshead Harriers	Medium (Men)
20	REED, Jack	(2) Gosforth Harriers & AC	Medium (Men)

Teams Overall

Race Pts	Club	Counters
1	73 (1) Sunderland Harriers	{1,6,7,11,16,32}
2	113 (1) Morpeth Harriers & AC	{2,8,12,22,34,35}
3	164 (1) Gateshead Harriers	{10,17,23,33,39,42}
4	202 (2) Tynebridge Harriers	{9,18,27,43,52,53}
5	338 (1) South Shields Harriers & AC	{19,24,40,57,67,131}
6	366 (2) Alnwick Harriers	{28,45,46,60,71,116}
7	371 (1) Wallsend Harriers	{3,37,50,78,94,109}
8	392 (1) Low Fell RC	{14,30,65,84,89,110}
9	424 (1) Durham City Harriers	{4,48,76,92,101,103}
10	453 (2) Elswick Harriers	{5,55,83,97,105,108}
11	468 (1) North Shields Poly	{25,29,56,79,115,164}
12	505 (2) Elvet Striders	{26,44,81,106,118,130}
13	515 (2) Tynedale Harriers	{13,59,82,98,113,150}
14	522 (1) Heaton Harriers	{15,58,63,124,126,136}
15	617 (1) Sunderland Strollers	{64,75,90,122,128,138}
16	726 (2) Gosforth Harriers & AC	{20,36,137,145,177,211}
17	759 (3) Jarrow & Hebburn AC	{21,96,151,153,156,182}
18	857 (2) Crook AC	{38,86,88,192,222,231}
19	895 (2) Saltwell Harriers	{68,73,107,196,221,230}
20	901 (3) Blyth RC	{49,125,127,158,200,242}
21	915 (3) Jesmond Joggers	{87,91,114,173,199,251}
22	934 (3) Blackhill Bounders	{102,133,155,160,189,195}
23	981 (2) Claremont RR	{66,129,178,193,207,208}
24	1005 (2) Birtley AC	{69,80,197,201,220,238}
25	1100 (2) Houghton AC	{51,95,181,187,290,296}
26	1177 (3) Derwentside AC	{54,140,154,256,279,294}
32	No team (3) North East Vets	{31,99}
32	No team (3) Sildon AC	{228}
32	No team (3) Chester-le-Street	{260}
32	No team (3) Ponteland Runners	{347}
32	No team (3) Tyne & Wear Fire & Rescue	{348}
32	No team (3) PB Fitness	{206,309}
32	No team (3) Aurora	{223,304,313,318,356}

Teams Div. 1

Race Pts	Club	Counters
1	56 (1) Sunderland Harriers	{1,5,6,9,13,22}
2	84 (1) Morpeth Harriers & AC	{2,7,10,16,24,25}
3	119 (1) Gateshead Harriers	{8,14,17,23,27,30}
4	206 (1) South Shields Harriers & AC	{15,18,28,35,42,68}
5	219 (1) Wallsend Harriers	{3,26,33,46,53,58}
6	230 (1) Low Fell RC	{11,21,41,48,50,59}
7	244 (1) Durham City Harriers	{4,32,45,52,55,56}
8	264 (1) North Shields Poly	{19,20,34,47,60,84}
9	288 (1) Heaton Harriers	{12,36,39,65,66,70}
10	337 (1) Sunderland Strollers	{40,44,51,64,67,71}

Teams Div. 2

Race Pts	Club	Counters
1	57 (2) Tynebridge Harriers	{2,4,7,11,16,17}
2	125 (2) Alnwick Harriers	{8,13,14,20,24,46}
3	169 (2) Elswick Harriers	{1,18,32,37,39,42}
4	186 (2) Elvet Striders	{6,12,30,40,47,51}
5	193 (2) Tynedale Harriers	{3,19,31,38,45,57}
6	266 (2) Gosforth Harriers & AC	{5,9,54,55,63,80}
7	326 (2) Crook AC	{10,33,34,70,87,92}
8	338 (2) Saltwell Harriers	{22,26,41,72,86,91}
9	363 (2) Claremont RR	{21,50,64,71,78,79}
10	378 (2) Birtley AC	{23,29,73,75,85,93}
11	410 (2) Houghton AC	{15,36,66,69,110,114}

Teams Div. 3

	Race Pts	Club	Counters
1	81	(3) Jarrow & Hebburn AC	{1,7,15,16,19,23}
2	103	(3) Jesmond Joggers	{5,6,10,22,26,34}
3	105	(3) Blyth RC	{3,11,12,20,27,32}
4	110	(3) Blackhill Bounders	{9,13,18,21,24,25}
5	149	(3) Derwentside AC	{4,14,17,35,38,41}
11	No team	(3) North East Vets	{2,8}
11	No team	(3) Sildon AC	{30}
11	No team	(3) Chester-le-Street	{36}
11	No team	(3) Ponteland Runners	{52}
11	No team	(3) Tyne & Wear Fire & Rescue	{53}
11	No team	(3) PB Fitness	{28,45}
11	No team	(3) Aurora	{29,42,46,47,56}

Fastest times (senior)

1	00:33:24	GHEBRESILASIE, Weynay	(1) Sunderland Harriers
2	00:34:47	JENKIN, Dan	(1) Durham City Harriers
3	00:35:14	HOOD, Mark	(1) Sunderland Harriers
4	00:35:18	REED, Nathan	(1) Sunderland Harriers
5	00:35:26	TAYLOR, Graeme	(1) Morpeth Harriers & AC
6	00:35:58	ELLIOTT, Marc	(1) Gateshead Harriers
7	00:36:10	FLOYD, Ross	(1) Morpeth Harriers & AC
8	00:36:27	FENWICK, Marc	(2) Tynebridge Harriers
9	00:36:39	BURN, Andy	(3) Jarrow & Hebburn AC
10	00:36:45	FRANKS, Conrad	(1) Gateshead Harriers
11	00:37:03	CARTER, Tony	(2) Tynebridge Harriers
12	00:37:04	ELLIS, Scott	(1) North Shields Poly

Fastest times (vets)

1	00:38:15	SANDERSON, Phil	(2) Elswick Harriers
2	00:38:43	GREEN, Andy	(2) Tynedale Harriers
3	00:39:18	WAKEFIELD, David	(1) South Shields Harriers & AC
4	00:39:24	BENNETT, Lee	(2) Elswick Harriers
5	00:39:27	HETHERINGTON, Brian	(1) Wallsend Harriers
6	00:39:49	BATES, Fergus	(1) Morpeth Harriers & AC
7	00:39:59	DUFFY, Patrick	(1) Heaton Harriers
8	00:40:23	FLETCHER, Adam	Berwick H
9	00:40:35	BELL, Stewy	(3) Blackhill Bounders
10	00:40:36	HILTON, Paul	(2) Tynebridge Harriers
11	00:40:38	MOIR, David	(2) Tynebridge Harriers
12	00:40:46	BATY, John	(1) North Shields Poly
11	00:40:38	MOIR, David	(2) Tynebridge Harriers
12	00:40:46	BATY, John	(1) North Shields Poly
12	00:40:51	MACPHERSON, Ken	(2) Tynebridge Harriers