



# Elvet Striders Code of Conduct

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## 1. Ethos

The club's ethos is to provide a friendly, sociable club where all members are included and where members are offered encouragement from other members so that they can enjoy running and participate in club and other running and social events.

The Code of Conduct is designed simply to reinforce the club's ethos and is no more than a formalisation of basic principles of decency, good manners and common sense. The Code of Conduct should be read alongside the Club Constitution

## 2. General conduct

Club members will:

- respect the rights, dignity and worth of every member of the club, other runners, officials, marshalls, volunteers and all other persons and will not discriminate on the basis of age, ability, gender, race, religious belief, sexual orientation or social/economic status or any other reason.
- be polite to other members of the club in discussions and all correspondence, including public forums such as Facebook and other social media sites and when using the club email list.
- not act in any way that may bully, intimidate or embarrass people.
- consistently promote fair play and never condone rule violations or the use of prohibited substances or act in any way to bring the club into disrepute
- anticipate and be responsible for your own needs including being organised, having the appropriate equipment and being on time
- be polite to the organisers, volunteers and officials who enable you to participate in competitive and non-competitive events and activities

## 3. Participation in events

When participating in or attending or representing the club in any way during any activity, including training sessions, club nights and competitive races, club members will:

- act with dignity and display courtesy and good manners towards others.
- avoid swearing and abusive language and irresponsible behaviour including behaviour that is dangerous to yourself or others, acts of violence, bullying, harassment and physical and sexual abuse.
- never engage in any inappropriate or illegal behaviour.
- avoid destructive behaviour and leave race venues and transport as you find them.
- behave in a manner which shows the club in a good light.
- wear a club vest if required to do so by the race organisers (for example in the Harrier League)

If someone suffers an injury whilst out running with the club and is unable or doesn't want to continue then, wherever practicable, someone should either accompany the person back to their vehicle or the meeting point (as appropriate) or should stay with the person until assistance arrives.

## 4 Compliance with procedures

Club members will:

- comply with the procedures and rules laid down by the club committee from.
- ensure that all sums owed to the club or any club member, including annual subscriptions (including membership of Maiden Castle), race entry fees, transport fees and payment for kit are paid promptly.

## 4. Breaches of the Code of Conduct

Any breaches of the Code of Conduct will invoke disciplinary procedures as determined by the Committee. This could result in temporary/permanent exclusion from Club sessions or expulsion from the club.